

**FALL Campus Guidelines,  
Canadian College of Naturopathic Medicine  
(CCNM-Boucher; Version 1.2 Fall 2022)  
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- 2.3. Clinic patients will continue to be supplied with surgical masks for use for the duration while in the clinic
  - 2.3.1. There are no exceptions for patients to not wear a medical mask.  
Virtual care is available for patients who are not able to wear a mask.
- 3. PPE requirements may be superseded by policies and/or formal instruction within any

## General Guidance Regarding Workplace Health and Safety

### Student Considerations:

Academic courses will be delivered in a mixture of hybrid and full in-person format. Cohorts will be expected to attend in-person practicums throughout the semester, with scheduled in-person activity every week.

Clinic will continue on-site, and all clinicians and faculty will be expected to attend in-person for patient care at the clinic they are assigned to for rotations wherever the facilities are available as guided by that site and/or the Regional Health Guidelines.

Students will be required to isolate if they have communicable disease symptoms or are travelling back to the lower mainland from outside of the province or country and have been instructed to isolate by government officials.

- ◁ Students who would normally attend campus but are required or recommended to self-isolate may request academic or clinic concession due to missed classes or course requirements. Formal requests for accommodation will continue to be managed through the processes outlined in institutional policy.

### Faculty and Staff Considerations:

CCNM engages employees in a very broad range of roles across both campuses. Where feasible, if the nature of the role permits it, flexibility will be offered for the work structure of an individual. This means that there will not be a single standard for the College, but that the various work units will structure in-person/virtual as required to best meet the needs of the department and the College. Decisions regarding in-person attendance will be mainly set at a departmental level. Employees should discuss the requirements with their managers.

- ◁ Faculty and staff who would normally attend campus but are self-isolating should contact their supervisor to report their absence from working on campus and to discuss temporary remote work arrangements, if practical. Sick day policies will apply as appropriate. Formal requests for medical St-403()72W\* nBT/fdatations -403()5-4(i)-4(l)-4(l)-4( )-133()5-11(e)-11( )-393()5nc

- ◁ Full time Staff may access counselling and wellness services through the employee benefits program Group Health.

## Employees and Students on Campus but not in Clinic

- 1.1. All people are recommended to wear a mask in group settings, however masks are not required
  - 1.1.1. Medical grade masks may be required if deemed necessary by the CMO or Senior Leadership Team.
- 1.2. Qualities of a personal reusable mask or face covering
  - 1.2.1. A good cloth mask or face covering should:
    - 1.2.1.1. Be made of at least three layers of tightly woven fabric (e.g., cotton or linen) or 2 layers with a filter.
    - 1.2.1.2. Allow for easy breathing.
    - 1.2.1.3. Fit securely to the head with ties or ear loops.
    - 1.2.1.4. Maintain its shape after washing and drying.
    - 1.2.1.5. Be comfortable and not require frequent adjustment.
    - 1.2.1.6. Be large enough to cover the nose, mouth and go under the chin completely and comfortably
- 1.3. Masks or face coverings should not:
  - 1.3.1. Impair vision or interfere with tasks.
  - 1.3.2. Be made of plastic or other non-breathable materials.
  - 1.3.3. Be secured with tape or other inappropriate materials; and
  - 1.3.4. Be made of materials that may fall apart easily, such as tissues.
- 1.4. Personal reusable masks or face coverings should be replaced with a clean personal reusable mask or face covering as soon as it becomes damp.
- 1.5. Individuals who have NEW or WORSENING symptoms of an infectious illness including cold, flu, gastroenteritis, or COVID-19:
  - 1.5.1. Fever (= or + 38 C) or chills
  - 1.5.2. New or worsening cough,
  - 1.5.3. Loss of sense of smell or taste,
  - 1.5.4. Shortness of breath or difficulty breathing,
  - 1.5.5. Sore throat and/or painful swallowing,
  - 1.5.6. Nasal congestion
  - 1.5.7. Muscle or body aches,
  - 1.5.8. Fatigue or weakness,
  - 1.5.9. Loss of appetite,
  - 1.5.10. Headache,
  - 1.5.11. Diarrhea,
  - 1.5.12. Abdominal cramping,
  - 1.5.13. Nausea and/or Vomiting

must not attend campus and must report their symptoms immediately to the Chief Medical Officer ([kfairman@ccnm.edu](mailto:kfairman@ccnm.edu)).

- 1.5.14. For vaccinated persons you can end isolation when **all 3** of these conditions are met:
  - 1.5.14.1. At least **5 days** have passed since your symptoms started, or from the test date if you did not have symptoms.
  - 1.5.14.2. Fever has resolved without the use of fever-reducing medication, such as acetaminophen or ibuprofen.







## Contact Tracing

- 2.5. Public health has deemed contact tracing of limited value at this stage of the pandemic and it is only used in high priority settings.
- 2.6. Our campus will only supply notification of COVID-19 cases if directed to do so by local medical health officials or the BC provincial public health officer. Public health authorities are responsible for determining notification processes and requirements.
- 2.7. For a public health authority to recommend or order closure of a site or facility to prevent infection transmission is a rare step, reserved for circumstances in which direct management of cases and contacts is not sufficient to limit transmission. The public health authority would communicate closely with PSI administrators on any recommended closures related to COVID-19.

## Reporting on cases

- 2.8. The CMO will submit a report to the Executive Director of CCNM BC, Dean of CCNM and President of CCNM as requested, maintaining privacy and confidentiality as possible.
- 2.9. An employee should contact the CMO and Human Resources to report they are isolated with symptoms or have a positive test result for COVID-19.
- 2.10. The Associate Dean of Academics will be contacted if a student is suspected of having COVID-19 as it relates to class attendance and practical classes or exams.
- 2.11. The Clinic Manager and Associate Dean of Clinical Education will be contacted if the student is a clinical intern as it relates to clinic attendance and rotations.
- 2.12. Otherwise, Confidentiality will be maintained unless the situation is medically urgent (or emergent), and/or should the local PHA deem it necessary to disclose the name of the employee and/or student to other individuals during their investigation.

## General Hygiene, Cleaning and Sanitation Practices

### General hand hygiene measures

3.
  - 3.1. Frequent and proper hand hygiene must be adhered to. This can be done using sinks supplied with soap and water, or with alcohol-based hand sanitizer (greater than 60% alcohol content).
  - 3.2. Glove use alone is not a substitute for hand hygiene. Your hands must be cleaned before putting on and after rem



- 3.15. This includes stethoscopes, blood pressure cuffs, thermometers, otoscopes and other diagnostic equipment, baby scales, tables, examination tables, chairs, and all hard surfaces (doorknobs, handles, light switches, keyboards, mice, pens, sinks, faucets), laser, ultrasound, cups for cupping
- 3.16. Any patient with symptoms of upper respiratory illness or other symptoms of communicable disease that could be suggestive of COVID-19 must be quarantined in the treatment room, provided with an N95 mask, and escorted out of the clinic as soon as possible. The CMO and Clinic Manager must be alerted immediately. These people must be advised to self-isolate for the minimum recommended days that apply to their vaccination status.
- 3.16. The clinic treatment room must be sanitized and not occupied for a minimum of 1 hour if a symptomatic person was in the space.







7.4.1.2 They will be informed that a surgical mask will be provided upon arrival at the clinic for all patients and must be worn during their time in the clinic.

#### 7.4.2 At the appointment

7.4.2.1 Patients will be provided with a surgical mask when they arrive at the clinic that must be worn during their time in the clinic.

7.4.2.2 Clinicians should be prepared to meet the patient as soon as possible after the patient arrives and has been provided a mask, to limit the number of people gathered in waiting areas,

7.4.2.3 Protection for support staff (e.g., a physical barrier at reception, use of masks) is in place.

7.4.2.4 PPE will be donned by supervisors and clinicians during their clinical rotations as is deemed necessary by the supervisor for the activity that will occur, and Routine standard precaution requirements.

7.4.2.5 If a patient displays symptoms of COVID-19 or reveals to the supervisor or student symptoms of COVID-19 will be escorted out of the clinic.

7.4.2.6. The patient should be instructed to self-isolate for the required days for their vaccination status.

7.4.2.7 Clinic staff should be alerted of the situation if the patient was in a treatment room so they can reschedule the patient and monitor time for access to that treatment room.

7.4.2.8 The treatment room must be sanitized, and HEPA filter maximized for a minimum of 1 hr. before the room can be used again.

7.4.2.9 Supervisors and interns should position themselves in treatment rooms to allow for physical distancing when possible.

7.4.2.10 A maximum of 4 people is allowed in a treatment room at a time including supervisors.

7.5. Patients will wear masks while at the BNMC or External teaching clinics.

7.6. Supervisors and interns will wear PPE as required during their in-person appointments.

### Equipment Procedures and Process

7.7. Oral thermometers should only be used under very specific circumstances

7.8. Equipment, such as cups for acupuncture or ear lavage are to be received from the dispensary and returned to the dispensary cleaned and disinfected after each use.

7.9. Equipment, such as acupuncture needles are to be obtained from the Front desk. Needles should not be left in treatment rooms

7.9. 1 All opened unused needles must be discarded in a Sharps container







## 11. Campus Events

11. Boucher campus events (orientation, retreats, vendor fairs, room bookings, convocation) must be planned in coordination with the campus executive and CMO. A Communicable Disease safety plan may be required for events and must follow Regional and Provincial Health guidelines.

## APPENDICIES

### Appendix 1: IV Therapy Clinic Process

1. Patients, including their support person (if needed), enter the main lobby of BNMC
2. Once in the BNMC, patients, including any support personnel (if needed), will be provided a surgical mask to wear in the clinic for the entire time they are in the clinic and will be instructed to use the hand sanitizer at the station located in the waiting area.
3. The primary clinician will greet the patient, and support person (if present) from clinic reception and proceed to the treatment room.
4. The patient and support person (if present) will be directed to the clinic reception area by the Primary clinician once their visit is complete.
5. New patients and/or return patients will be assessed for their suitability for IV therapy by the ND before being scheduled by reception.

## Appendix 2: Personnel with Provincial Health approved Medical Conditions

Some clinic personnel (i.e., staff, supervisors, students, and/or interns) may have underlying medical conditions or compromised immune systems from a medical condition or treatment (e.g., chemotherapy) that increases the risk of more severe outcomes from Communicable diseases including COVID-19 infection.

In the above-mentioned circumstances, alternative arrangements will be made to ensure continuity in employment (where possible) for continuing your job responsibilities virtually or by engaging in new responsibilities based on the needs of the college. This will need to be discussed with your direct manager, and Human Resources.

For interns with the above-mentioned special precautions, please communicate with the Associate Dean of Clinical Studies or Academics as appropriate. They will work with you to support continuity in your academic and clinical education requirements. For